

# We Do Recover

My harsh reality in my Recovery, the woman I pretend to be so angry this isn't me.

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Hitting rock bottom again and again, I'm losing the fight within. So determined to regain focus, I'm losing sight.

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A lost soul mistreated, taken advantaged of looking for love in all the wrong places. Men have been my biggest downfall, letting go is the hardest part of all.

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I am my own worst enemy using my body to please others, selling myself short – abort, emotionless no feelings and searching for help, but too afraid to ask or accept it.

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Self-sabotage and destruction, I am not weak I am important my momentum has come to a complete stop. Damaged goods define Beauty, it's all a mask but will it last? All in time

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In my life and many others, we can Recover with the help of others, not a lost cause or a statistic, yet some truly miss it. To love is to love yourself first, redirect, find your purpose it's a hit or miss, a Blessing in disguise, shame and guilt arise, tell your story.

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We live and we learn there is a time for everything, you've done the damage.

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Nothing to lose, but so much to gain just learn to let go of the pain.

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Not much of a Mother, but I love my Son to death, unconditional love – Julian you're the Best!

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Not giving into impulse, born of the flesh, I do not wish to sacrifice the rest.

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We All fall short of the Glory of God, to persevere is to overcome the struggle through Him, for us and for those who trust WE DO RECOVER!